

THE TREGUTH INN

MENU

Please make a note of your table number & order at the bar.

All food is cooked to order, so during busy periods there may be a delay, your serving staff will inform you if this is the case.

STARTERS

SOUP OF THE DAY (V)	5.95
Served with Ciabatta & Cornish Butter	
GARLIC BREAD (Ve)	5.95
Add Cheese (V) 1.00	
SALT & PEPPER CALAMARI	6.95/9.95
Served with Sweet Chilli Sauce & Salad	
SEAFOOD CHOWDER	7.45/11.95
Served with Ciabatta & Cornish Butter	
TREGUTH NACHOS (V, Gf)	6.95/9.95
Served with Salsa, Sour Cream & Cheese	
HALLOUMI FRIES (V, Gf)	5.95
Served with Garlic Mayo	

TREGUTH CLASSICS

FISH & CHIPS	14.95
Served with Tartare & Peas	
WHOLETAIL SCAMPI	13.95
Served with Salad, Chips & Tartare	
STEAK & ALE PIE	13.95
Served with Puff Pastry, Chips & Peas	
CONFIT DUCK (Gf)	14.95
Served with Mashed Potatoes, Fine Green Beans & Cornish Mead Reduction	
LOCAL CHICKEN BREAST	15.95
Served with Cornish New Potatoes, Fine Green Beans & a Mushroom, Cornish Cyder & Tarragon Sauce	

SIDES

CHIPS (Ve, Gf)	3.95
CHEESY CHIPS (V, Gf)	4.95
BEER BATTERED ONION RINGS (V)	3.95
SIDE SALAD (Ve, Gf)	3.95
CORNISH NEW POTATOES (Ve, Gf)	3.95



V - Vegetarian
Ve - Vegan
Gf - Gluten Free*

* We try our best to separate ingredients, but we cannot guarantee products are 100% free of gluten (including Chips).

Please ask our friendly staff for any allergy information.

CHICKEN & BACON CARBONARA	13.95
Served in Wine Cream Sauce, Linguine & Garlic Bread	
HOMEMADE CHILLI CON CARNE (Gf)	12.95
Served with Rice, Sour Cream & Tortilla Chips	
HOMEMADE VEGAN CHILLI (Ve, Gf)	12.75
Served with Rice & Tortilla Chips	
GIANT VEGAN HOT DOG (Ve)	12.95
Served with Bun, Salsa, Chips & Salad	
SQUASH & BEETROOT WELLINGTON	14.95
(Ve) Served with Mashed Potatoes, Fine Green Beans & Vegan Jus	
THATCHED CHICKEN	15.95
Local Chicken Breast with BBQ, Bacon & Melted Cheese. Served with Salad & Chips	



01637 830248



www.treguth.com



TR8 5PP



info@treguth.com



@thetreguthinn.com



facebook.com/thetreguthinn



@thetreguthinn.com

BURGERS

All Served with Floured Bap, Salad & Chips	
HOMEMADE STEAK BURGER	13.95
With Cheese & Smoked Bacon	
TREGUTH CHICKEN BURGER	14.95
Local Chicken Breast with Brie, Cranberry & Bacon	
FIRECRACKER BRISKET	13.95
14 Hour Beef Brisket with Jalapenos & Cheese	
DOUBLE PLANT BURGER (Ve)	12.95
With Vegan Cheese	

SALADS

BLOODY MARY PRAWNS (Gf)	6.95/11.95
With Vodka Tabasco Marie Rose	
HAIL CAESAR! (V)	6.95/11.95
Parmesan, Croutons & Caesar Sauce Add Chicken & Bacon for 1.50/2.95	
HALLOUMI SALAD (V, Gf)	6.95/11.95
With Sweet Chilli & Creme Fraiche Aioli	

KIDS

1/4 POUNDER BEEF BURGER	5.95
VEGAN HOT DOG (Ve)	5.95
CHICKEN GOUJONS	5.95
SCAMPI	5.95
TRIO OF SAUSAGES	5.95

Above All Served with Choice of Peas or Beans

TOMATO PASTA (V)	5.95
Topped with Cheese & Served with Garlic Bread	
STONEBAKED PIZZA	8.95
With Cheese & Tomato Perfect for One Hungry Kiddo or for Two to Share! Add Pepperoni for 1.50	