

LIGHT BITES

Seafood Chowder

mussels, squid, prawns & cod in thick creamy sauce. served with crusty bread & butter 10

Chicken Goujons

breaded chicken breast served with your choice of garlic aioli, sweet chilli or ranch 8

Salt & Pepper Squid

squid pieces in crispy salt & pepper batter. served with honey & lime aioli 8

Halloumi Fries (v, gfo)

coated in a parsley & red pepper batter. served with sweet chilli 8

Truffle & Parmesan Loaded Garlic Bread (v)

our own garlic ciabatta topped with truffle oil, mozzarella, cheddar & parmesan 7

Crab & Spinach Dip (gfo)

local crab & spinach in a cheddar cream cheese sauce. served with crusty bread & butter. to share 12

BURGERS

served on a gourmet semolina bap with salad & chips

Hand Ground Double Steak 'n Bacon Burger

two 5oz steak & bacon patties, with cheddar 18

Southern Fried Chicken Burger

peppery coated chicken breast fillets with chilli jam & gherkins 18

Firecracker Brisket Burger

very slow cooked beef brisket with cheddar & jalapenos 18

Halloumi Burger (v)

halloumi pieces with cheddar & side of sweet chilli 18

Double Spinach & Pumpkin Burger (ve)

with red onion chutney 18



Treguth Inn

PASTA

served with home garlic ciabatta (ve)

Crab, Prawn & Prosecco Linguine

local crab, prawn, garlic, hint of chilli & lemon in a creamy prosecco sauce & topped with parmesan 22

Pasta Bolognaise

home ground beef steak & bacon in a rich red wine tomato sauce & finished with parmesan 18

Sun-Dried Tomato, Spinach & Courgette (ve)

in a vegan cream sauce with garlic, linguine & finished with extra virgin olive oil 18

KIDS

Steak 'n Bacon Burger

hand ground steak & bacon burger 8

Chicken Goujons

breaded chicken breast fillets 8

Trio of Sausages

three bangin' bangers 8

Bolognaise

beef & bacon bolognaise with pasta 8

Wholetail Scampi

breaded scampi 8

Veggie Burger (ve)

pumpkin & spinach burger 8

Veg Pasta (ve)

sun-dried tomatoes, courgette & spinach with pasta 8

above served with slice of garlic ciabatta (ve)

FAVOURITES

Mushroom Bourguignon (ve, gf)

slow cooked variety of mushrooms in red wine. served with cornish new potatoes & fine beans 20

Beer Battered Catch of the Day

our catch of the day in doom bar batter. served with chips, garden peas & tartare 20

Wholetail Scampi

wholetail scampi in breadcrumbs. served with salad, chips & tartare 18

Steak & Doom Bar Ale Pie

slow cooked steak & mushrooms in an ale gravy. served with puff pastry, garden peas & chips 18

Beef Short Rib (gf)

short rib of beef, slow braised in red wine & bourbon. served with mashed potatoes, fine green beans & a red wine jus 22

Stuffed & Thatched Chicken Breast (gf)

our take on hunters' chicken. chicken breast stuffed with creamed cheddar cheese, wrapped with smoked bacon & topped with homeade bourbon bbq sauce & melted cheddar. served with potato pave & fine green beans 24

Pork Belly Porchetta (gf)

pork belly stuffed with herbs, spices & garlic & slow cooked. served with bacon, sausage & cannellini cassoulet & cornish new potatoes 22

Pan Roasted Catch of the Day (gf)

our catch of the day, served with crushed cornish new potatoes, braised red cabbage & salsa verde 22

SIDES

Chips (ve, gf) 5

Cheesy Chips (gf) 6

Beer Battered Onion Rings (ve) 5

Side Salad (ve, gf) 5

Garlic Ciabatta (ve) 5

Est. 13th Century

www.thetreguthinn.com

v: vegetarian; ve: vegan; gf: gluten free; gfo: gluten free* option available*

**please see our allergen statement for more information. further allergen information available by scanning the QR code, or at the bar*

