

# TREGUTH INN



HOLYWELL BAY, CORNWALL

## SMALL PLATES

- Soup of the Day** with Ciabatta & Butter (v) 6
- Garlic Ciabatta (ve)** 6 *(add cheese for 1)*
- Seafood Chowder** with Ciabatta & Butter 10
- Salt & Chilli Chicken Strips** with Homemade Honey Mustard Sauce 8
- Halloumi Fries** with Sweet Chilli Sauce (v, g f) 8
- Salt & Pepper Calamari** with Aioli Sauce 8
- Cornish Crab Dip** with Ciabatta & Butter *to share* 12
- Beer & Bacon Cheese Dip** with Ciabatta & Butter *to share* 12

## BURGERS

- Double Homemade Steak Burger** with Cheese *(add bacon or jalapenos for 1 each)* 18
- Pumpkin & Spinach Burger** with Red Onion Chutney (ve) 17
- Southern Fried Chicken Burger** with Chilli Jam, Gherkins & Cheese *(add bacon or jalapenos for 1 each)* 18
- Firecracker Burger:** Home Smoked Beef Brisket Burger with Cheese & Jalapenos 19
- Halloumi Burger** with Sweet Chilli Sauce (v) 18
- Gourmet Burger:** Homemade Giant Steak Burger Stuffed with Stilton & Bacon Butter & Topped with Beer & Bacon Cheese 21

*Above All Served with Chips, Semolina Bap & Salad*

## FAVOURITES

- Butternut Squash & Beetroot Wellington** with New Potatoes & Vegetable Jus (ve) 19
- Beer Battered Locally Caught Fish of the Day** with Chips, Garden Peas & Home Tartare 20
- Pan Roasted Locally Caught Fish of the Day** with Parmentier Potatoes, Braised Red Cabbage & Salsa Verde (g f) 22
- Steak & Doom Bar Ale Pie** with Chips & Garden Peas 19
- Wholetail Scampi** with Chips, Salad & Home Tartare 18
- Beef Bolognaise** with Spaghetti, Parmesan & Garlic Ciabatta 18
- Pan Roasted Seabass Fillet** with New Potatoes, a Spinach, Butterbean & Chorizo Sauce, & a Roast Red Pepper Dressing (g f) 24
- Mediterranean Vegetables** in a Rich Tomato Sauce with Spaghetti & Home Garlic Ciabatta (ve) 18
- Thatched Chicken:** Roast Chicken Breast Topped with Bacon, Homemade Bourbon BBQ Sauce & Cheese. With Salad & Chips (g f) 22
- Chicken Carbonara** with Bacon, Mushrooms, White Wine, Spaghetti, Parmesan & Home Garlic Ciabatta 20

## CHILDREN

- Homemade Steak Burger** *(add cheese for 1)* 8
- Pumpkin & Spinach Burger (ve)** 8
- Wholetail Scampi** 8
- Trio of Sausages** 7
- Cod Tempura Battered Fish Fingers** 8
- Roast Chicken Breast (g f)** 9
- Breaded Chicken Goujons** 8

*Above all Served with Chips & Your Choice of Peas, Beans or Salad (all ve, gf)*

- Tomato Pasta (v)** 7
- Spaghetti Bolognaise** 9
- Naan Cheese Pizza to Share (v)** 13

## SIDES

- Bowl of Chips (ve, g f)** 5
- Cheesy Chips (g f)** 6
- Onion Rings (v)** 5
- Side Salad (ve, g f)** 5
- New Potatoes (ve, g f)** 5
- Sausage for the Dog** 2

Join us for Sunday Roast  
Every Sunday from 12pm

Choice of 3 Locally Sourced Roast Meats  
Vegan, Vegetarian & GF Options Available  
Loads of Sides & Accompaniments

Please ask our Friendly Staff for Availability & Menu

*v vegetarian, ve vegan, gf gluten free\**

*If you have any allergen enquires, please ask our friendly staff. \*99% of items are made here on site where gluten is used and handled, so whilst we try our utmost, we cannot guarantee total absence of gluten*