

- LUNCH -

at The Treguth Inn

Little Bites

Salt & Pepper Calamari // 8
with garlic aioli
Halloumi Fries (gfo) // 8
with sweet chilli
Chilli Chicken Strips // 8
with honey mustard
Crispy Pea Pops (ve - gf) // 8
with vegan paprika mayo
Mac 'n Cheese Bites (v - gf) // 8
with tangy tomato salsa

3 FOR £18

Deli

Duck & Hoisin Wrap // 11
with spring onions
Treguth Club // 12
chicken, bacon, cheese & salad
Hot Honey Halloumi Wrap (v) // 10
with sweet chilli*
Cornish Rarebit (v) // 10
with honey mustard*
Med Veg Club (ve) // 10
with tomato salsa*
Brisket Melt (ve) // 11
with caramelised onion chutney*

Served with Salad Garnish, & Chips or Crisps
*sauces served on the side

Loaded

YOUR CHOICE OF:

-CHIPS (gf)
-GARLIC BREAD
-NACHOS (with salsa)

TOPPED WITH:

Cheesy (v)(ve cheese available) // 7
Wreckers // 9
pepperoni, jalapenos & cheese
Silver Surfer // 9
smoked bacon & cheese
Wheal Golden // 10
duck, hoisin, spring onions & cheese
Gull Rock // 10
beef brisket, bacon, cheese & burger sauce
Piskie (v) // 9
med veg & cheese (ve cheese available)
Polly Joke (v - not gf) // 8 (Chips Only)
curry sauce & cheese

Big Bites

BLT Burger // 18
home bacon burger, lettuce & tomato with chips
Catch of the Day // 20*
home beer batter, chips, peas & home tartare
Scampi // 18*
home tartare, chips & salad
Steak & Ale Pie // 18*
puff pastry, peas & chips
Beetroot Wellington (ve) // 18
with squash, peas, new potatoes & veg gravy
Spinach Pumpkin Burger (ve) // 18*
with chips & caramelised onions

*Available as a smaller size

Pasta

Pasta of the Day
please see boards or ask for today's pasta
Med Veg Pasta (ve)
with home garlic ciabatta
Bolognaise
with home garlic ciabatta & parmesan

Small // 12 - Large // 17

Little Ones

Chicken Goujons // 8
Trio of Sausages // 7
Scampi // 10
Spinach & Pumpkin Burger (ve) // 9
Chicken Breast (gf) // 10
All Served with Chips & Your Choice of Peas,
Beans or Salad

On the Side

Chips (ve, gf) // 5
Garlic Bread (ve) // 6
Onion Rings (v) // 6
Side Salad (ve, gf) // 5
Curry Sauce (ve) // 5

v - vegetarian // ve - vegan // gf - gluten free* // gfo - gluten free* option available

*please ask to see our allergen policy and information for further advice