

- LUNCH -

at The Treguth Inn

Deli

Duck & Hoisin Wrap // 11
with spring onions g; soya

Treguth Club // 12
double decked chicken, bacon, cheese & salad g; m

Hot Honey Halloumi Wrap (v) // 10
g; m

Cornish Rarebit (v) // 10
cornish cheese & beer in sauce on white bread
g; m

Brisket Melt // 11
slow smoked beef brisket on ciabatta
g; m

All served with salad garnish, & chips or crisps

Loaded

Chips (gf)* Topped with:

Cheesy (v)(ve cheese available) // 7
m

Wreckers // 9
pepperoni, jalapenos & cheese m

Silver Surfer // 9
smoked bacon & cheese m; sul

Wheal Golden // 10
duck, hoisin, spring onions & cheese m; soya

Gull Rock // 10
beef brisket, bacon & cheese m; sul

Polly Joke (v - *not gf) // 8
curry sauce & cheese g; m

Big Bites

Catch of the Day // 20
home beer batter, chips, peas & home tartare
f, g (tartare: e, mus)

Scampi // 18
home tartare, chips & salad
c; g (tartare: e; mus)

Steak & Ale Pie // 18
puff pastry, peas & chips
g

Pasta Bolognese // 18
with garlic ciabatta & parmesan
g (parmesan: m)

Mushroom Bourguignon (ve, gf)//20
slow cooked wild mushrooms in red wine. served
with truffled mash & fine beans
mash only: m

Burgers

Spinach Pumpkin Burger (ve) // 18
double burger with caramelised onions

Handmade Steak Burger // 18
double burger with cheese (cheese only: m)

All on gourmet bap (g) with chips & side salad

Little Ones

Chicken Goujons // 8 g

Trio of Sausages // 8 g; sul; soya

Scampi // 8 c; g

Spinach & Pumpkin Burger (ve) // 8
bap only: g
Above served with chips & your choice of peas,
beans or salad

Pasta Bolognese // 8 g

Sides

Chips (ve, gf) // 5

Onion Rings (v) // 6 g

Side Salad (ve, gf) // 5

v - vegetarian // ve - vegan // gf - gluten free*

*please ask to see our allergen policy and information for further advice